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Exilis is a win-win
treatment option for
smoother and younger-
looking skin anywhere on
the face or body.”

Dr. Cristina F. Keusch, M.D.

Boca Raton Plastic Surgery Center | 950 Glades Road | Boca Raton | 561/368-9455

PROCEDURE: EXILIS AESTHETIC THERAPY

BENEFITS: Anyone seeking cosmetic improvement through skin tightening or fat reduction who has not benefited from exercise or diet.

WHO SHOULD GET IT? Exilis is a non-invasive, reasonably priced body shaping and skin tightening therapy with no downtime.

Dr. Cristina Keusch understands that many men and women want to look and feel better by eliminating wrinkles and excessive fat through a non-invasive procedure without any pain or downtime.

She also knows that there are others who want to improve their appearance but are prohibited by medical reasons from having surgery. To meet the needs of these patients, Dr. Keusch is now helping to pioneer the use of Exilis Aesthetic Therapy, a state-of-the-art technique that uses radio frequency energy to tighten skin and reduce fat. “With Exilis we now have treatment options that we didn’t have before for some difficult areas,” Dr. Keusch says. “We now have an alternative to techniques that in the past would have left a scar.”

Providing long-lasting results, Exilis uses safe radio waves to heat targeted fat cells and increase their metabolism, which

causes them to shrink. At the same time, the radio frequency energy also stimulates and strengthens the collagen network in the targeted area, tightening the skin and helping to eliminate wrinkles. “Exilis can be used on all parts of the body,” Dr. Keusch says. “It can be used for skin tightening on the face and neck, as well as the arms, knees, and central torso.”

The process has also proven to be successful in helping patients reduce notoriously stubborn fat deposits such as love handles in men and bra fat in women. Done in a series of 20 to 30-minute sessions, Exilis requires no numbing creams or aftercare and patients often see gradual results after just three or four treatments. “The results can be seen relatively quickly and are long lasting,” Dr. Keusch said.